



Anushree Dirangane

Psychologist | Global Mental Health Advocate

Work Experience

Sept '17 - 2024

Private Practice, Online

Psychologist

- Successful Private Practice across diverse populations and concerns.

Mar '19 - Jan '21

Re-Authoring Care, Kampala, Uganda

Director

- Founded and led a mental health organisation that developed evidence-based, culturally sensitive projects and strategies, addressing structural vulnerabilities and promoting individual and community well-being (Trauma Sensitivity for Orphanage Caretakers & Healthcare workers resilience).
- Cultivated strategic partnerships with the Ministry of Health (Uganda), multiple hospitals, and NGOs in Uganda and Kenya, securing opportunities and funding for the organisations projects.

Dec '17 - Jan '19

SafeStories, Pune, India

Co-founder

- Founded and co-led a pioneering mental health-education initiative, collaborating with the Ministry of Women and Child Department, multiple NGOs, and schools in Maharashtra.
- Spearheaded the successful delivery of age-appropriate psychoeducational workshops, empowering children and adolescents with essential knowledge for their well-being.

Jul '16 - Oct '17

Justice & Care INGO, Mumbai, India

Psychologist

- Orchestrated and led supportive group and individual counselling sessions, managed court testimonies, and facilitated repatriation processes for over 200 survivors of trafficking and sexual abuse in South Asia.
- Developed and delivered specialized trainings on trauma-informed care, fostering greater understanding among 100+ government officials and promoting empathy and sensitivity towards survivors of trauma.
- Assisted the Policy and Systemic Change Vertical in formulating the National Policy of Juvenile Justice Act SOPs, actively participating in the drafting process and ensuring the inclusion of child-friendly court practices and protocols.

Contact

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Languages

English - C2

German - B1

Hindi - Native

Marathi - Native

Registrations and Certifications

Psychologin BDP

Certified Clinical Trauma Specialist - Individual

Digital Skills

SPSS/Jamovi

NVivo/MAXQDA

RStudio

Zotero

Teams, Zoom, Webex

Microsoft Office

Supervised Training

Jun '14 - Mar '16

1200+ hours of active counselling, workshops, along with reports at 6 different hospitals/organisations across India.

Courses & Conferences

- CoDeS Valladolid 2019 – III Formative Congress on Sustainable Development (October 2019)
- Promise Foundation and TISS: Career and livelihoods counselling – Short Term Course (Nov 2018)
- IPPNW & Charité Universitätsmedizin Berlin – Global Health Summer School: Health between Ethics and Economisation (Aug 2018)
- ISGlobal – Barcelona Global Health Summer School: Mental Health in the Age of Uncertainty (July 2018)

Additional Information

- Invited guest speaker at Air India Radio
- Expert opinions in several news articles with regards to mental health

Anushree Dirangane

Education

○ Oct '21 - Mar '24
Universität Erfurt

Master of Arts in Public Policy

Thesis: Climate emotions and collective action in the German population

Specialisation

- Global Health Policy
- Migration Policy
- Political Communication
- Peace and Conflict Studies

○ Jun '14 - May '16

Tata Institute of Social Sciences, Mumbai

Master of Arts in Applied Counselling Psychology

Thesis: Working with Child Maltreatment: Indian Mental Health Professionals Perspective

Specialisation

- Child and Family Counselling
- Socio-cultural aspects of Counselling
- Community Mental Health
- Statistics and Data Analysis

○ Jun '10 - Dec '13

Fergusson College, Pune University

Bachelor of Arts in Psychology

Research Project: Study of correlations between Parents-Child Relationship and Social Maturity of High school students in rural West Bengal, India

Specialisation

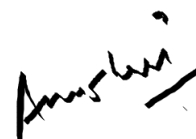
- Abnormal Psychology
- Organisational Psychology
- Applied Statistics

Volunteer (Selected)

○ IPPNW & Charité Universitätsmedizin Berlin

Organising Committee Member at Global Health Summer School: Facilitated frequent exchange with international team and experts to develop a summer school for international participants for two consecutive years.

- July 2019: Migration and Health Security Nexus: Critical Perspectives
- July 2020: Beyond Trauma: Political Violence, Refugees, Empowerment and Health



Anushree Dirangane, Erfurt
01.12.2024